



VARSITY
UNIVERSITY

NJ Coaches' Conference

March 19, 2023

The College of New Jersey

Time	Room 115	Room 113	Room 206
8:00-9:00	Conference Registration & Visit Varsity Spirit Fashion		
9:00-9:45	Varsity Spirit Fashion Rally and Conference Keynote		
10:00-11:00	Troubleshooting Stunts - Jackie Tancredi	Productive Practices: Maximizing Every Minute - Lauren Battaglia	Creating Raving Fans - Steve Wright
11:00-11:45	Tumbling: What to Look For - Steve Wright	Maximizing The Scoresheet For Traditional Routines - Jackie Tancredi	Life's a Hero's Journey: Answer The Call - Aaron Hall
12:00-1:00	Lunch		
1:00-1:45	The Importance of Stunt Technique to Maximize Your Progress - Bill Ahern	Planning Your Year for NEW Coaches - Sarah Bartlett	Building Your Team and Program Morale - Lauren Battaglia
2:00-2:45	Advanced & Elite Stunts - Bill Ahern	Game Day: An Overview - Jessica McDermott	Coach Round-Table: Questions and Idea Sharing - Steve Wright
3:00-3:45	Pyramids and Connected Transitions - Bill Ahern	Getting The Most From Your Athletes - Jackie Tancredi	Dos & Don'ts For Competitive Cheer Teams - Lauren Battaglia
4:00	Closing Remarks		