



CHEER & DANCE

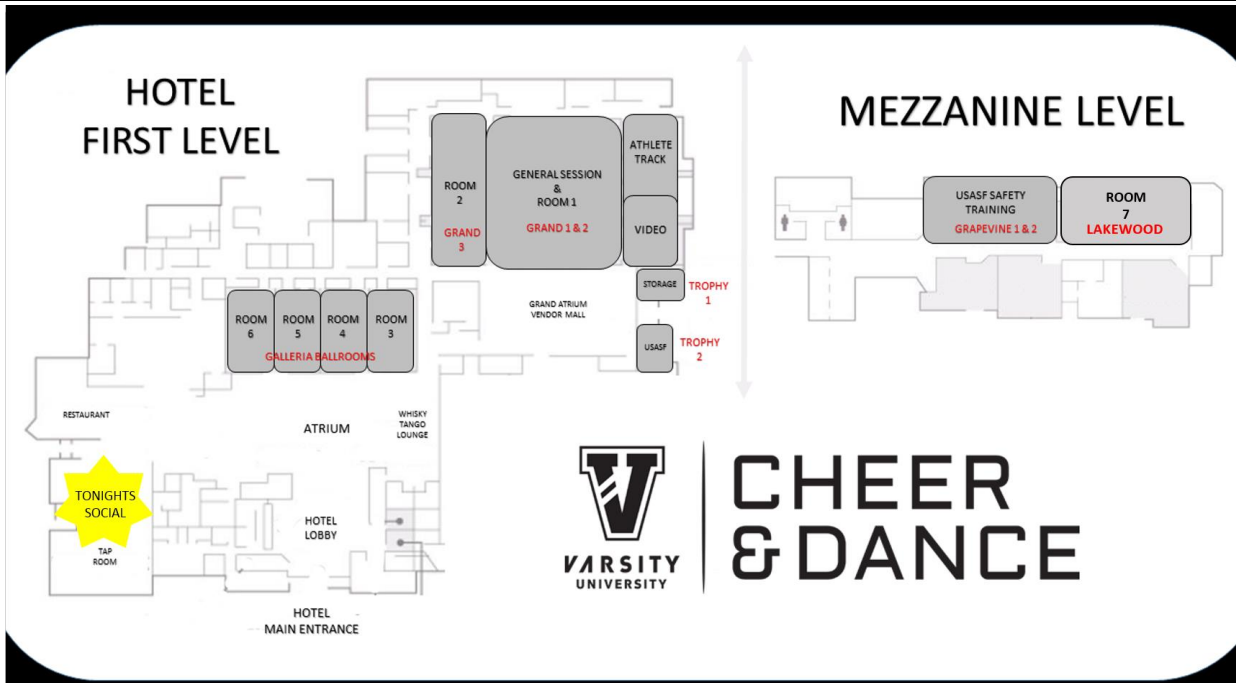
Dallas, TX 2018

Thursday **Pre- Event Registration** **7:00 PM - 9:00 PM**

Friday **Registration** **9:00 AM - 11:00 AM**

9:00 AM - 11:00 AM		SPEAKER	ROOM # / NAME	
All	Positive Coaching Alliance	USASF	1	Grand Ballroom 2 & 3
Lunch On Your Own				
Session 1 12:00 - 12:45 PM		SPEAKER	ROOM # / NAME	
All	Opening Session	All	1	Grand Ballroom 2 & 3
Session 2 1:00 - 2:30 PM		SPEAKER	ROOM # / NAME	
All	Varsity All Star Scoring System	Stephanie Ammirati-Harrod	1	Grand Ballroom 2 & 3
Session 3 2:40 - 3:30 PM		SPEAKER	ROOM # / NAME	
Skills: Other	Resilience Not Perfection: Introduction to Sports Psychology	Dr. Russell Kennedy	1	Grand Ballroom 2 & 3
Skills: Tumbling	Basic Drills: Levels 1 & 2	Robbie Gregory	2	Grand Ballroom 1
Gym Owner	Strategizing for a Successful Season	Ali Moffatt	3	Galleria 1
Business	Customer Experience and Retention	Stacy Rowe & Sean Timmons	4	Galleria 2
Coach	Planning Practices for Maximum Results	Jason Larkins	5	Galleria 3
All	Preschool Programs	Sally Green	6	Galleria 4
All	Summit, D2 Summit, and The US Finals: What's Changing and What's New	Varsity Staff	7	Lakewood
Session 4 3:40 - 4:30 PM		SPEAKER	ROOM # / NAME	
Skills: Stunts	Don't Make Excuses, Make Improvements: Impactful Stunting Solutions	Kenny Feeley	1	Grand Ballroom 2 & 3
Skills: Tumbling	The Yips of Cheer: Working with Athletes with Mental Blocks	Dr. Russell Kennedy	2	Grand Ballroom 1
Skills: Other	Jump Drills: Speed and Snap	Stephanie Brodbeck	3	Galleria 1
Business	Turning Your Passion Into Profession	Ali Moffatt	4	Galleria 2
Coach	Using Progressions to Build Successful Athletes	Kellie Elliott	5	Galleria 3
All	All Star Cheer: A to Z	Lee Grobstein	6	Galleria 4
Director	All Star Director 103	Sean Timmons	7	Lakewood
Session 5 4:40 - 5:40 PM		SPEAKER	ROOM # / NAME	
Skills: Stunts	Next Level Stunting: Innovative Concepts to Enhance Your Stunting	Kenny Feeley	1	Grand Ballroom 2 & 3
Gym Owner	Program Summary Analysis	Stacy Rowe & Sean Timmons	2	Grand Ballroom 1
Session 6 5:45 - 6:45 PM		SPEAKER	ROOM # / NAME	
USASF	All Star: Transforming Passion to Profession	Karen Wilson & Kinshasa Garrett	1	Grand Ballroom 2 & 3

Reception **7:45 - 10:00 PM** **The Tap Room**





CHEER & DANCE

Dallas, TX 2018

Saturday	Gym Owners Breakfast	8:00 AM - 9:30 AM	1	Grand Ballroom 2 & 3
-----------------	-----------------------------	--------------------------	----------	---------------------------------

Session 7	8:30 - 9:25 AM	SPEAKER		ROOM # / NAME
Gym Owner	Gym Owners Breakfast	180Pro	1	Grand Ballroom 2 & 3
Skills: Tumbling	Utilizing Equipment to Spot Less	Robbie Gregory	2	Grand Ballroom 1
Skills: Other	Jump Drills: Height and Hyperextension	Stephanie Brodbeck	3	Galleria 1
Coach	Motivation and Incentives	Dr. Russell Kennedy	4	Galleria 2
Coach	Win, Lose, or Draw: Never Lose the Athlete	Jason Larkins	5	Galleria 3
All	Strategizing for a Successful Season	Ali Moffatt	6	Galleria 4
Session 8	9:35 - 10:30 AM	SPEAKER		ROOM # / NAME
Skills: Stunts	Level 1 & 2: Pushing the Envelope; Getting Creative with the Rules	Kenny Feeley & Dana Fielding	1	Grand Ballroom 2 & 3
Skills: Tumbling	The Yips of Cheer: Working with Athletes with Mental Blocks	Dr. Russell Kennedy	2	Grand Ballroom 1
Skills: Other	5 Things all Championship Teams Need to Know	Lark Wood	3	Galleria 1
Gym Owner	Communicating Effectively with Your Staff	Kellie Elliott	4	Galleria 2
Coach	Being a Coach of Significance	Ali Moffatt	5	Galleria 3
All	My Choreographer Left, Now What?	Lee Grobstein	6	Galleria 4
USASF	Diversify your Offerings: How to utilize FUNdamentals, Novice, Prep, and Elite to grow!	Kinshasa Garrett, SW RD	7	Lakewood
Session 9	10:40 - 11:30	SPEAKER		ROOM # / NAME
Skills: Stunts	Level 3, 4 & 5: Pushing the Envelope; Getting Creative with the Rules	Kenny Feeley & Dana Fielding	1	Grand Ballroom 2 & 3
Skills: Tumbling	Advanced Drills: Levels 3 & Level 4 Basics	Robbie Gregory	2	Grand Ballroom 1
Skills: Other	Jump Technique: Hitting Your Drivers	Stephanie Brodbeck	3	Galleria 1
Gym Owner	Taking Motivation to the Next Level	Jason Larkins	4	Galleria 2
Business	Management Leadership Part 1	Stacy Rowe	5	Galleria 3
Coach	Coaching Leadership	Dr. Russell Kennedy	6	Galleria 4
All	Summit, D2 Summit, and The US Finals: What's Changing and What's New	Varsity Staff	7	Lakewood

Vendor Mall Exhibit Open	11:30 AM - 12:00 PM	Grand Atrium
Lunch	12:00 PM - 1:00 PM	1 Grand Ballroom 2 & 3

Session 10	1:00 - 1:50 PM	SPEAKER		ROOM # / NAME
Skills: Stunts	Elite Skills Levels 1 & 2: Break it Down to Build it Up	Kenny Feeley	1	Grand Ballroom 2 & 3
Skills: Tumbling	Mental Block Lab: Demonstration	Dr. Russell Kennedy	2	Grand Ballroom 1
Skills: Other	Planning Practices for Maximum Results	Jason Larkins	3	Galleria 1
Gym Owner	Wearing Many Hats	Kellie Elliott	4	Galleria 2
Business	Management Leadership Part 2	Stacy Rowe	5	Galleria 3
Director	All Star Director 103	Sean Timmons	6	Galleria 4
All	All Star Cheer: A to Z	Lee Grobstein	7	Lakewood
Session 11	2:00 - 2:50 PM	SPEAKER		ROOM # / NAME
Skills: Stunts	Elite Skills Levels 3, 4 & 5: Break it Down to Build it Up	Kenny Feeley	1	Grand Ballroom 2 & 3
Skills: Tumbling	Elite Drills: Level 4 Elite & Level 5	Robbie Gregory	2	Grand Ballroom 1
Skills: Other	Power Barre: Stretching & Conditioning for Cheer & Dance	Power Barre	3	Galleria 1
Gym Owner	180Pro Agreement Session	180Pro	4	Galleria 2
Business	Broken Windows and Talented Terrors: Making Sure you are Free of These!	Sally Green	5	Galleria 3
Coach	Athlete Wellness: Safety and Injury Prevention	Dr. Janell Wilson, PhD	6	Galleria 4
USASF	Diversify your Offerings: How to utilize FUNdamentals, Novice, Prep, and Elite to grow!	Kinshasa Garrett, SW RD	7	Lakewood
Session 12	3:00 - 3:50 PM	SPEAKER		ROOM # / NAME
Skills: Stunts	Turn Your World Upsidedown: Inversions for the Masses, Levels 1 - 5	Kenny Feeley	1	Grand Ballroom 2 & 3
Skills: Tumbling	The Twist - Progressions and Drills to Achieve the Skill	Robbie Gregory	2	Grand Ballroom 1
Skills: Other	Body Positions: Flexibility, Strength, & Stability	Stephanie Brodbeck	3	Galleria 1
Gym Owner	Using Progressions to Build Successful Athletes	Kellie Elliott	4	Galleria 2
Business	How to Use Technology to Improve your Business	Amilia	5	Galleria 3
Coach	Motivation and Incentives	Dr. Russell Kennedy	6	Galleria 4
All	Team Placement: Structuring Your Teams to Max Out your Routine	Lee Grobstein	7	Lakewood
Session 13	4:00 - 4:50 PM	SPEAKER		ROOM # / NAME
All	Closing Session	All	1	Grand Ballroom 2 & 3

